



Together we Deliver

Dear Friend,

June 2022

Please consider supporting Meals on Wheels of Lamoille County! Help like yours will keep the wheels turning so we can meet our mission, improving health and enhancing the quality of life for our community elders by providing nutritious meals and social interaction.

Over the past 23 years, Meals on Wheels of Lamoille County has provided an estimated 944,426 meals for elders and people living with disabilities in Lamoille County.

Meals on Wheels of Lamoille County has seen the challenges that the last two years have had on elders in the community as they continue to navigate through the pandemic, suffering from social isolation, and now facing high food and fuel prices. **Sadly, we are delivering meals to more elders in temporary housing than ever!**

There is a saying that there is no place like home, but sometimes home for an elder can mean loneliness, isolation, and hunger. Home can mean deciding on fuel, food, or medication. Many elders in our community do not have the means to provide a balanced meal because of poverty, isolation, and health conditions. **Census data indicates that 9% of Lamoille County elders 65 and older live below the poverty line.**

Meals on Wheels of Lamoille County is a powerful force helping our beloved elder families remain nourished and cared for no matter where they live. We provide meals for over 350 elders annually, equating to over 50,000 meals yearly. **This number remains 10% higher than in pre-pandemic times.**

We need your help. Your donation will provide Lamoille County elders security, comfort, and dignity. This year your donation will make twice the impact. **Every dollar you contribute before September 1, 2022, will be matched by a generous community donor, up to \$25,000.** Please consider giving if you can.

Whatever you decide please know we could not do our important work without support like yours.

Sincerely,

Nicole
Nicole Fournier Grisgraber
Executive Director

**100% OF YOUR DONATION
WILL BE MATCHED!
- UP TO \$25,000**



“Even if you just change one life, you’ve changed the world forever.” - Mike Satterfield.