



# May 2025

**Suggested Donation is \$4.00 Per Meal.**

*If you won't be home to receive your meal, please call 888-5011 Ext 0 to cancel by 9am.*



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>1</b> Lemon Pepper Cod over Seasoned Couscous, Brussell Sprouts, Italian Diced Tomatoes, Papaya Mango Cup	<b>2</b> Tuna Salad Sandwich Plate on WG Crossiant, Cucumber Salad, Fresh Grapes, Pudding Parfait
<b>5</b> BBQ Pulled Pork on WG Bun, Baked Sweet Potato, Seasoned Green Beans, Assorted Dried Fruit	<b>6</b> Turkey & Biscuit (peas, carrots, gravy, WG biscuit), Winter Squash, Warm Apple Crisp	<b>7</b> <i>Frozen Meal of the Week</i> Sweet & Sour Meatballs over WG Rice Pilaf, Stir Fry Vegetables, Seasoned Broccoli, WG Sliced Bread	<b>8</b> Chicken Parmsean over Pasta, Five Way Veggies, Steamed Beets, Fresh Baked Cookie	<b>9</b> Chicken Caesar Salad Boat & Side Caesar Dressing, WG Pumpkin Bread, Diced Pear Cup
<b>12</b> Roasted Hotdog on WG Bun, Baked Beans, Five Way Veggies, Apple Peach Mango Sauce	<b>13</b> WG Spaghetti with Meat Sauce <b>VT Beef</b> , Roasted Zucchini, Warm Blueberry Bread Pudding	<b>14</b> <i>Frozen Meal of the Week</i> Ham & Cheese Quiche Rosemary Potato Barrels, Diced Tomatoes, Glazed Garbonzo Beans,Happy Birthday Chocolate Cake	<b>15</b> Stuffed Pork Chops with Gravy & 1/2 Baked Potato, Capri Vegetables, Steamed Broccoli, WG Sliced Bread	<b>16</b> Potato Salad Plate with Ham Rollup, Fresh Berries, Fresh Pepper Strips, WG Oatmeal Rounds
<b>19</b> Stuffed Shells with Marinara Sauce, Tuscan Vegetables, Warm WG Dinner Roll, Gel Strawberry Fruit Cups	<b>20</b> Sloppy Joe w/ <b>VT Beef</b> over Baked Sweet Potato, Fiesta Lime Corn, Warm Peach Crisp	<b>21</b> <i>Frozen Meal of the Week</i> BBQ Grilled Chicken Thighs, Garlic Mashed Potatoes, Seasoned Peas, Diced Carrots, WG Blueberry Muffin	<b>22</b> American Chop Suey with <b>VT Beef</b> , Seasoned Spinach, Antigua Blend Vegetables, WG Sliced Bread	<b>23</b> Chef Salad Boat with Turkey & Ham & Side Ranch Dressing, Harvest Crisps
<b>26</b> <b>CLOSED</b> Memorial Day Please call to let us know if you would like a frozen meal for this day. 802-888-5011	<b>27</b> Mild Garden Chili with <b>VT Beef</b> , Seasoned Broccoli, Warm Corn Bread	<b>28</b> Pot Roast w/ Potatoes, Carrots, & Gravy, Green Beans, Spiced Peaches, WG Garlic Bread	<b>29</b> WG Pasta Primavera, (spinach, tomatoes, pasta), Five Way Veggies, Warm WG Dinner Roll, Fresh Banana	<b>30</b> Chicken Salad Sandwich Plate on WG Crossiant, Cucumber Salad, Fresh Grapes, Craisins

**When there is inclement weather, we may not be able to deliver your meal.**

**Please listen to WLVB 93.9 or check our Facebook page for closing updates.**

**Please use your blizzard meal for weather closings.**

**If you will not be home to receive your meal, please call MOW to make other arrangements. 802-888-5011 ext. 0**

**\*Menu Subject to Change**

# Armed Forces and Memorial Day

R	E	C	A	E	P	L	O	R	I	N	T	C	E
M	A	R	I	N	E	S	O	M	O	A	C	O	T
R	O	R	D	N	I	C	A	Y	D	V	A	U	U
P	F	D	M	P	R	O	U	D	A	Y	I	N	L
R	F	E	M	E	D	A	L	S	F	L	R	T	A
O	I	T	C	R	E	S	L	L	T	A	T	R	S
I	C	A	R	A	M	E	R	I	C	A	U	Y	T
R	E	C	E	T	N	E	M	T	I	M	M	O	C
R	R	I	C	O	H	E	E	A	R	M	Y	I	E
A	I	D	R	A	I	R	F	O	R	C	E	R	M
W	A	E	U	T	I	I	N	F	A	N	T	R	Y
O	A	D	I	D	R	A	U	G	T	S	A	O	C
M	E	I	T	O	S	O	L	D	I	E	R	A	I
S	P	T	E	A	T	H	O	N	O	R	O	A	F

INFANTRY	COMMITMENT	COAST GUARD	LOYALTY	AMERICA
COUNTRY	DEDICATED	OFFICER	SOLDIER	PROUD
MEDALS	NAVY	PEACE	HONOR	MARINES
RECRUIT	ARMY	AIR FORCE	WARRIOR	SALUTE

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